



Dance with Dee Dee

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UN POQUITO

Count: 32 Wall: 4 Level: Improver

Choreographer: Rachel McEnaney (USA) & Jo Thompson Szymanski (USA)

Music: Un Poquite - Diego Torres & Carlos Vives

Count In: Dance begins 16 counts from the start of the track, dance begins on vocals.

Notes: No tags or restarts. Jo and Rachael choreographed this dance while in Mallorca. Jo was wandering round some stores in Palma de Mallorca and heard the track playing on the radio.

[1 - 8] SKATE R-L, R DIAGONAL SHUFFLE, SKATE L-R, L DIAGONAL SHUFFLE

- 1 2 Skate R to right diagonal [1]. Skate L to left diagonal [2] 12.00
- 3 & 4 Step R to right diagonal [3]. Step L next to R [&]. Step R to right diagonal [4] 12.00
- 5 6 Skate L to left diagonal [5]. Skate R to right diagonal [6] 12.00
- 7 & 8 Step L to left diagonal [7]. Step R next to L [&]. Step L to left diagonal [8] 12.00

[9 - 16] SYNCOPATED CROSS ROCK R - L, R TOUCH FWD, R BACK, L TOUCH FWD, L BACK, R TOUCH FWD, HEEL TWIST

- 1 2 & Cross rock R over L [1]. Recover weight L [2]. Step R to right [&]. 12.00
 - 3 4 & Cross rock L over R [3]. Recover weight R [4]. Step L to left/slightly back [&] 12.00
 - 5 & 6 Touch R toe slightly forward [5]. Step R small step back [&]. Touch L toe slightly forward [6] 12.00
 - & 7 Step L small step back [&]. Touch R toe slightly forward [7] 12.00
 - & 8 On balls of feet Twist both heels to right [&]. Twist both heels back to centre (weight ends L) [8].
- (option: only twist the R heel) 12.00**

[17 - 24] R CLOSE, L ROCK FWD, 1/2 TURN L SHUFFLE, R ROCK FWD, 1/2 TURN R SHUFFLE

- & 1 2 Step R next to L [&]. Rock L forward [1]. Recover weight R [2] 12.00
- 3 & 4 Make 1/4 turn left stepping L to left side [3]. Step R next to L [&]. Make 1/4 turn left stepping L forward [4] 6.00
- 5 6 Rock R forward [5]. Recover weight L [6] 6.00
- & 8 Make 1/4 turn right stepping R to right side [7]. Step L next to R [&]. Make 1/4 turn right stepping R forward [8] 12.00

[25 - 32] L SIDE ROCK, L CROSS, R SIDE ROCK, R CROSS, 3/4 TURNING VOLTA TURN L

- 1 & 2 Rock L to left side [1]. Recover weight R [&]. Cross L over R [2] 12.00
- 3 & 4 Rock R to right side [3]. Recover weight L [&]. Cross R over L [4] 12.00
- 5 & Make 1/8 turn left stepping L forward [5]. Make 1/8 turn left stepping ball of R next to L [&] 9.00
- 6 & Make 1/8 turn left stepping L forward [6]. Make 1/8 turn left stepping ball of R next to L [&] 6.00
- 7 & Make 1/8 turn left stepping L forward [7]. Make 1/8 turn left stepping ball of R next to L [&] 3.00
- 8 Step L slightly forward with a slight prep to left [8] 3.00

Ending DANCE ENDS FACING 12.00 - DANCE COUNTS 1 - 16, THEN STEP BALL OF R NEXT TO L AND TAKE A BIG STEP FORWARD L.

START AGAIN ☺ HAVE FUN

* Step sheet compliments of DANCE WITH DEE DEE.*