

# MAMMA MARIA

Count: 32 Wall: 4 Level: Ultra Beginner Choreographer: Frank Trace Music: Mamma Maria by Ricchi E Poveri (136 bpm) (Italian) or "Mamma Maria" by The Countdown (136 bpm) (Italian)

Start dance 16 counts in on vocal. Note: There are many recordings of this song, all will work.

Alt. Music:

"High Lonesome Sound" by Vince Gill (96 bpm) (Country)

"Poker Face" by Lady Gaga (120 bpm) (Pop)

\* When using Poker Face, start dance 32 counts in on heavy beat.

## WALK FORWARD DIAGONALLY RIGHT, KICK, WALK BACK DIAGONALLY LEFT, TOUCH

- 1-4 Walk forward right diagonal stepping R, L, R, kick L forward (1:30)
- 5-8 Walk back left diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)

### WALK FORWARD DIAGONALLY LEFT, KICK, WALK BACK DIAGONALLY RIGHT, TOUCH

- 1-4 Walk forward left diagonal stepping R, L, R, kick L forward (10:30)
- 5-8 Walk back right diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)

### **TWO CHARLESTON STEPS**

- 1-4 Step R forward, kick L forward, step L back, touch R back
- 5-8 Step R forward, kick L forward, step L back, touch R back

### VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN LEFT, TOUCH

- 1-4 Step R to right side, step L behind R, step R to right side, touch L next to R
- 5-8 Step L to left side, step R behind L, turning 1/4 left step on L, touch R next to L (9:00)

### REPEAT

\* Step sheet compliments of DANCE WITH DEE DEE.\*