



Dance with Dee Dee

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Rock Your Body

Choreographed by Francien Sittrop

Description: 64 count, 4 wall, intermediate line dance

Music: Rock Your Body (Radio Edit) by The Phonkers [CD: Rock Your Body / Available on iTunes]

Intro: 16

ROCK RECOVER, PRISSY WALKS, SHUFFLE FORWARD, KICK BALL CROSS

- 1-2 Rock right back, recover to left
- 3-4 Cross right over left, cross left over right
- 5&6 Chassé forward right, left, right
- 7&8 Kick left forward, step left down, cross right over left

¼ LEFT WITH HIP BUMPS TWICE, SAILOR STEP TWICE

- 1&2 Turn ¼ left step left forward an bump hips left, right, left (9:00)
- 3&4 Turn ¼ left step right to side and bump hips right, left, right (6:00)
- 5&6 Left sailor step
- 7&8 Right sailor step

TURN ¼ LEFT TWICE, BEHIND SIDE CROSS, SIDE SHUFFLE, ROCK RECOVER

- 1-2 Turn ¼ left step left forward, ¼ left step right to side (12:00)
- 3&4 Cross left behind right, step right to side, cross left over right
- 5&6 Chassé side right, left, right
- 7-8 Rock left back, recover to right

TURN ¼ LEFT OUT OUT, SWIVEL ¼ LEFT, STEP BACK TWICE, SWIVEL ¼ RIGHT, CROSS RIGHT RECOVER

- 1-2 Turn ¼ left step left out, step right out (9:00)
- 3-4 Swivel on ball of both feet turn ¼ left, step left back (6:00)
- 5-6 Step right back, swivel on ball of both feet turn ¼ right (9:00)
- 7-8 Cross/rock left over right, recover to right

SIDE SHUFFLE ¼ LEFT, SCUFFS FORWARD, TAPS RIGHT, KICK BALL TOUCH

- 1&2 Step left to side, step right together, turn ¼ left step left forward (6:00)
- Restart from here on wall 6*
- 3&4 Scuff right forward, scuff right back across left, scuff right diagonal right forward
- 5&6 Touch right diagonal right forward x3 (weight ends on right)
- 7&8 Kick left forward, step left down, touch right to side

JAZZ BOX ¼ RIGHT TWICE

- 1-4 Cross right over left, turn ¼ right step left back, step right to side, step left forward (9:00)
- 5-8 Cross right over left, turn ¼ right step left back, step right to side, step left forward (12:00)

STEP TOUCH, STEP BACK & HEEL, HOLD, TAPS DIAGONAL BACK (TRAVELING BACK)

- 1-2 Step right forward, touch left together
- 3&3-4 Step left back, touch right heel forward, hold
- 5&6 Touch right diagonal back facing body to right (weight ends on right)
- 7&8 Touch left diagonal back facing body to left (weight ends on left)

COASTER STEP, SHUFFLE FORWARD, ROCK RECOVER, TURN ½ RIGHT, TURN ¼ RIGHT

- 1&2 Step right back, step left together, step right forward (12:00)
- 3&4 Chassé forward left, right, left
- 5-6 Rock right forward, recover to left
- 7-8 Turn ½ right step right forward, turn ¼ right step left to side (9:00)

REPEAT

RESTART

Restart wall 6 (9:00) after count 33-34

33&34 Shuffle turn ¼ left

Add these steps

35-36 Touch right together, hold

* Step sheet compliments of Dance with Dee Dee. *